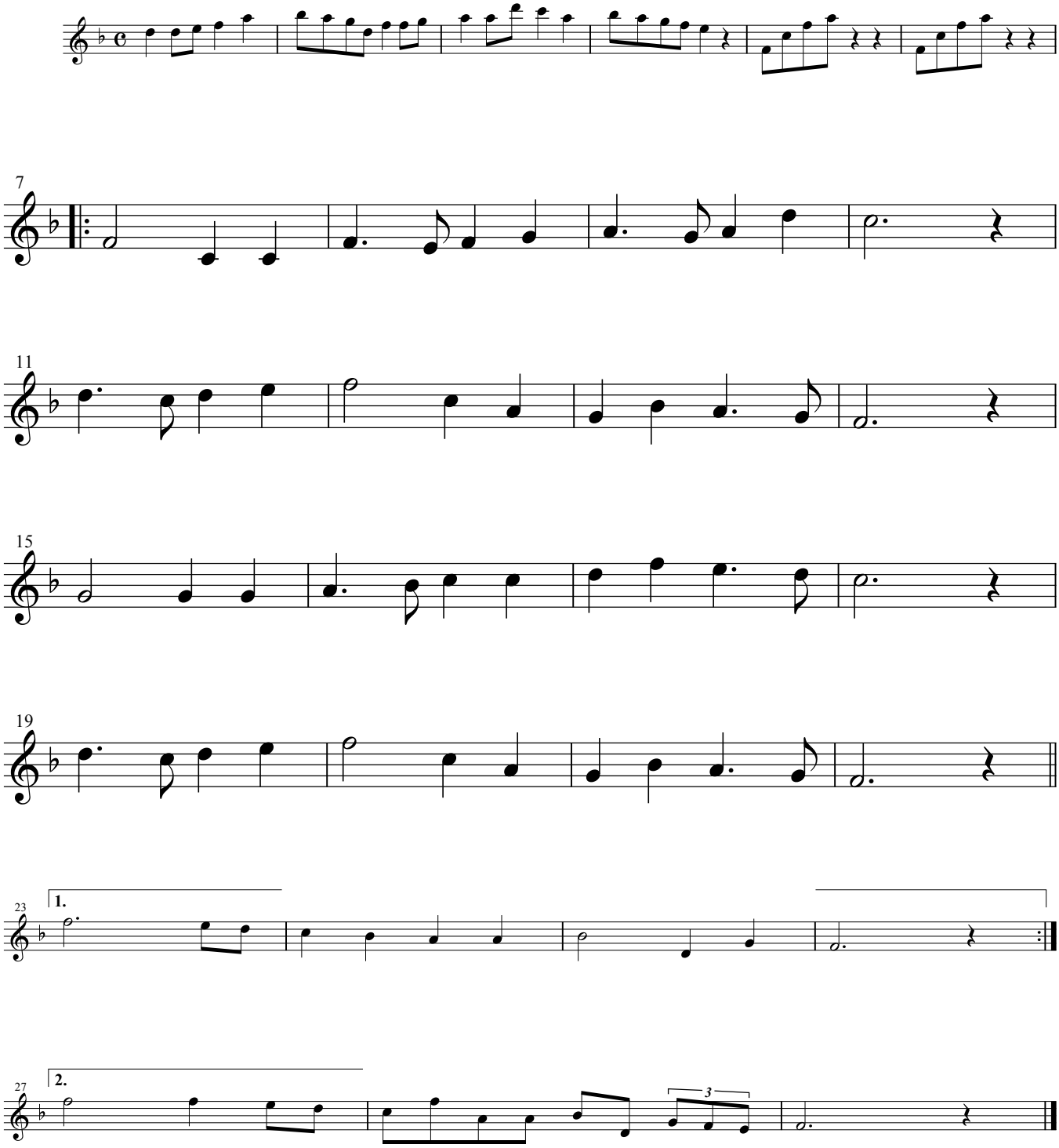われは海の子