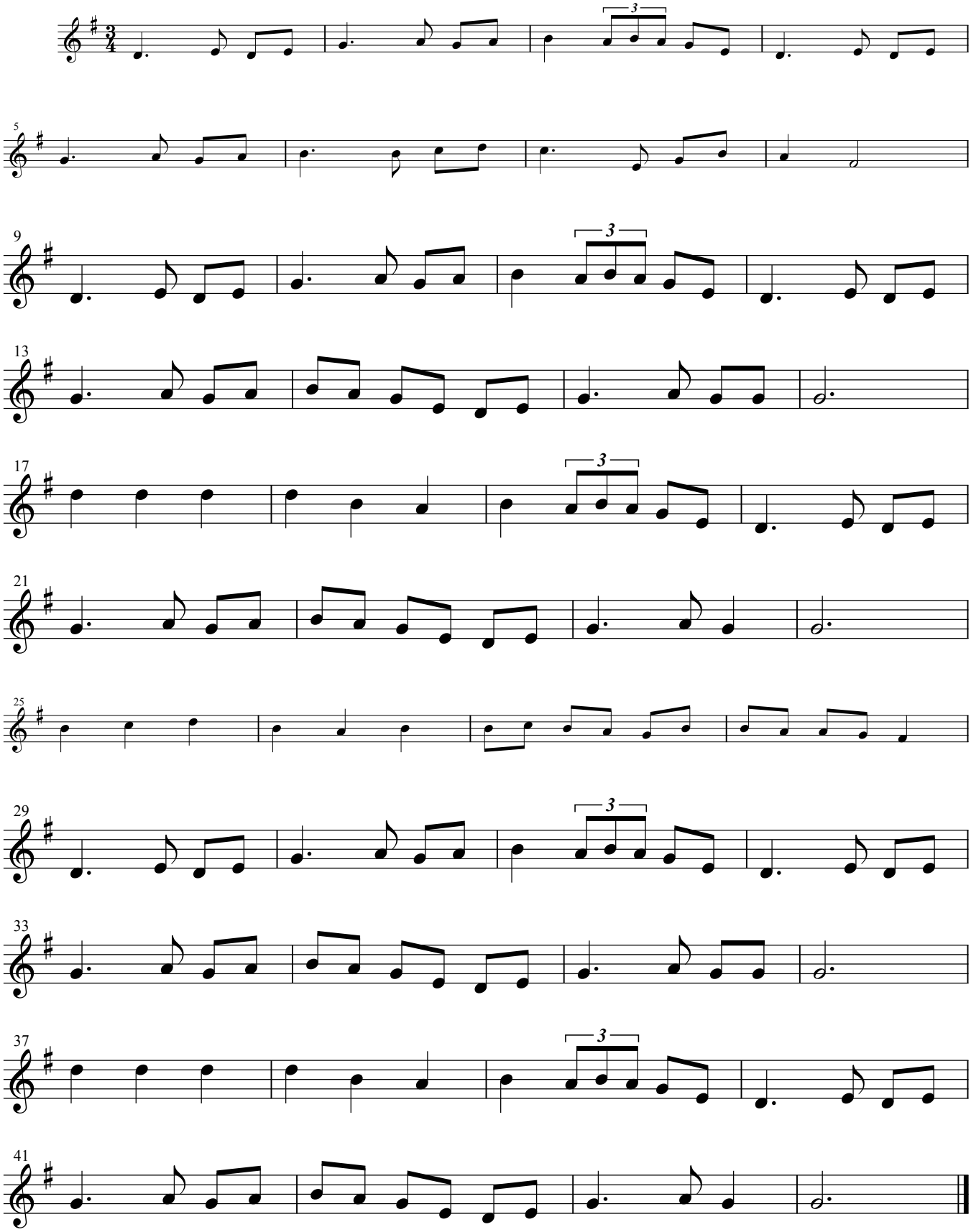アリラン