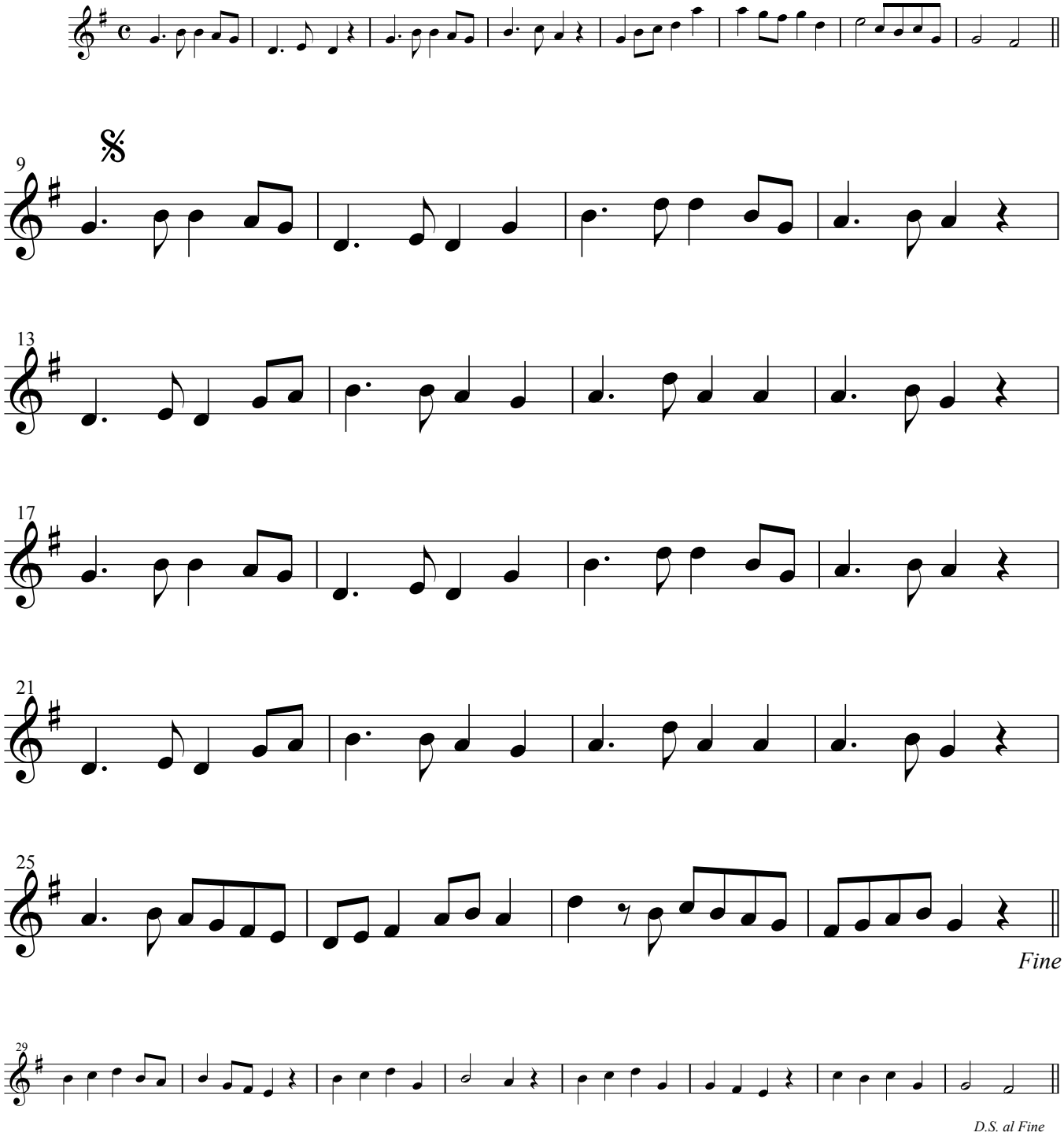冬の夜